



***Authentic women
empowerment
program***

FOR A MINDFUL LEADERSHIP TO EMERGE

"The authentic women empowerment program started in September 2019 with deep listening of the voices of women around me. People who haven't had a traditional linear career. Considering our unconscious biases, they don't tick all the boxes of the typical leader. I heard talented people craving to make a positive impact and embrace a meaningful life.

All I could see to help them were standard leadership courses. A suitable qualification, an attractive brand, a compelling line on a resume, yet, not a transformational experience tailored to their unique needs. This program didn't exist, however, was much needed. I could also profoundly feel the world needed mindful leadership to solve uncertain, volatile & complex challenges in the economic, social and environmental spaces.

"You can't be what you can't see."

So, with the support of Sandra, a friend and executive coach, passionate about self-awareness, I decided to create a program to help women find their voice.

As Melbourne-based French entrepreneur and mum of two teenagers married with a former stay-at-home dad, I bring years of successful experience & setbacks in executive & non-executives leadership roles over the world to the community. My passion for courageous authenticity and optimistic enthusiasm to make a change have nurtured this program.

Probably in an unconventional way and surrounded by a community of like-minded women, we co-created a safe space to unfold their true selves.

My vision is to change the face of leadership to reflect the diversity of our community. With the authentic women empowerment program, I aspire to support a community of gifted women to find their unique pathway, which will be the catalyst for a mindful feminine style of leadership to emerge."

With purpose,

EMILIE PERROT



OVERVIEW

HELPING WOMEN
DEVELOPING AN
AUTHENTIC FEMININE
STYLE OF LEADERSHIP
AND GIVING THEM
SOME SKILLS ESSENTIAL
TO FINDING THEIR
UNIQUE PATHWAY FOR
THEIR CAREER AND
WELL-BEING

Sharing our stories



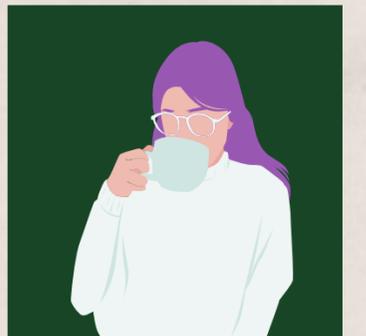
Understanding what is holding us
back



Learning new skills & ideas



An individual journey supported by
the collective.





OUTCOME

A NEW SENSE OF EMPOWERMENT

A more developed sense of self, of what has shaped you and how it still impacts you today.

LEARNING NEW SKILLS

Some practical tools to lead authentically and deal with emergence.

AN INDIVIDUAL JOURNEY SUPPORTED BY THE COLLECTIVE

Be inspired by a supportive network of like-minded women.

■ CONCEPT

Becoming an authentic feminine leader program

Vision for the program is co-created in session 1 with the participants:

- The overall idea of what we want to get out of this program
- Suggestions of themes that could be explored together over the 6 months

First program:

Session 1: Kicking-off & getting to know ourselves & others better

Session 2: Understanding my values

Session 3: Building my self-confidence

Optional retreat: themes will emerge from the first part of the program. The agenda will be co-designed by participants.

Session 4: Understanding my relation to power & authority

Session 5: Discovering what's coming in the way of my empowerment

Session 6: Celebration of our journey together

Structure of each session

Checking-in: what am I bringing into
the session today?



Exploration of the theme



Check-out



WHAT TO EXPECT

SELF-AWARENESS

I better understand my values, strengths & behaviours.

POWER & AUTHORITY

I identify my sphere of influence in my current environment.

SELF-CONFIDENCE

I feel energised, supported and empowered. I understand what's coming in the way of my development.

MINDFUL LEADERSHIP

I unfold my unique voice and my purpose. I feel more emotionally aware.

AUTHENTIC COMMUNICATION

I have tools to improve my relationships and foster authentic conversations.

RESILIENCE

I am more equipped to navigate change & uncertainty.

FORMAT

Duration

A 6-month program

Participants

A group of up to 8 participants

Sessions

6 sessions of 2h every 5 weeks

18th of June 2020
23rd of July 2020
27th of August 2020
7th of October 2020
5th of November 2020
10th of December 2020

Resources

Access to a shared platform to share ideas, ask questions, access tools, find support & explore further.

Format

A mix of face to face & zoom
A one night / one day retreat

Price

Program: \$1200
Retreat*: \$600
(Accommodation & food on top)



* Please note the retreat will be confirmed when the restrictions currently in place to manage COVID 19 will be alleviated.

A BESPOKE PROGRAM

- AN AUTHENTIC EMPOWERMENT PROGRAM DEDICATED TO WOMEN

Starting now!

- A PROGRAM DEDICATED TO MEN'S AUTHENTIC STYLE OF LEADERSHIP

Second Semester 2020

- MIXED PROGRAM

Both groups would come together to share and reflect on their experience.





ARE YOU LOOKING TO DEVELOP YOURSELF? CONTACT US

Emilie Perrot

Founder & Director at WeInclusive

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In 2018, Emilie found WeInclusive, an inclusion & innovation consultancy whose aim is to change the face of leadership. She helps organisations and individuals embrace diversity to increase their performance.

WeInclusive services encompass a range of areas: executive mentoring, change management consulting and leadership development facilitation. More recently, Emilie became an associate at Women and Leadership Australia.

Before setting up as an executive leadership consultant, she had a 15+ year career in senior leadership roles in the transport industry in Australia and overseas.

Member of the Australian Institute of Company Directors, she was non-executive Director of the Public Transport Ombudsman Board.

Passionate about gender equality and social change, she is also a volunteer mentor with Fitted For Work, a Not-For-Profit organisation which supports women who experience disadvantage.